

GRACE ANNANDALE AFTER HER RECEPTION MASS
WITH FATHER DAVID AND HER GODPARENT



PARISH NOTICES

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**Oscar Romero
Cross**



Archdiocese of
Southwark

PARISH OF
ST THOMAS OF CANTERBURY
SEVENOAKS

CHURCHES IN SEVENOAKS, OTFORD,
BOROUGH GREEN AND WEST KINGSDOWN



Parish Newsletter

4th June 2023



Today's Mass: The SOLEMNITY of the MOST HOLY TRINITY

Exodus 34: 4-6, 8-9, Daniel 3: 52-56, 2 Corinthians 13: 11-13, John 3: 16-18

We are back in Ordinary Time, with the Solemnity of the very being of God, the Most Holy Trinity. The prayers and readings are notoriously hard to locate in the liturgical books: they are at the end of Ordinary Time in the *Missal* (p 533) but after Pentecost Sunday in the *Lectionary* (Vol I p 611).

In the **First Reading** Moses is on Mt Sinai, asking God - who is revealed as a God of tenderness and compassion, of forgiveness - to restore his covenant relationship with the people of Israel, despite their sin.

The **Psalm** is not actually a Psalm but part of the Song of the Three Young Men in *Daniel*. Readers and singers should note that the response is repeated after every line, not after each verse.

The **Second Reading** is the source of one of the greetings by the Priest at the beginning of Mass, and is a good example of the fact that our worship shows our Trinitarian belief. It illustrates the traditional saying *lex orandi, lex credendi* ('the law of what is prayed is the law of what is believed'); prayer and belief go together; liturgy is not distinct from theology, and vice versa.

In today's **Gospel** Jesus reveals that God the Father sent his Son (ie Jesus) not to condemn but to save the world. Belief in Jesus Christ alone leads to eternal life.

Fr David

ST THOMAS OF CANTERBURY SEVENOAKS

Sunday Mass times:

Saturday
6:00pm

Sunday
8:00am (Latin)
9:15am (Children's Liturgy of Word)
11:15am
6:00pm

Adoration:

Monday 8:30am - 9:30am
Tuesday 6:00pm - 7:00pm

Weekday Mass times:

Monday 8:00am
Tuesday 9:30am
Wednesday 8:00am
Thursday 12:00noon
Friday 8:00am
Saturday 9:30am

Sacrament of Reconciliation:

Saturday
10:00am - 10:30am,
5:15pm - 5:45pm



Granville Road,
Sevenoaks TN13 1ER

Parish Office: Magdalena Wiacek
Monday - Friday
9:00am - 12:00noon
Tel: 01732 454177
sevenoaks@rcaos.org.uk
www.sevrcparish.org.uk



High Street, Otford
TN14 5PH

MOST HOLY TRINITY OTFORD

Mass times: Sunday 9:30am
(with Children's Liturgy of the Word)
Wednesday 10:00am
Holy Days of Obligation 10:00am
Adoration: Thursday 7:30pm - 8:30pm
Friday 11:00am - 12:00noon

Church contact:
Barry Authers
Tel: 01959 524362
sevenoaksmht@rcaos.org.uk



Western Rd, Borough Green
TN15 8AG

ST JOSEPH'S BOROUGH GREEN

Mass times: Sunday 9:30am
(with Children's Liturgy of the Word)
Thursday 10:00am
Holy Days of Obligation 6:00pm

Church contact:
Antoni Offert
Tel: 07513 041075
sevenoaks@rcaos.org.uk



Fawkham Rd, West Kingsdown
TN15 6JP

ST BERNADETTE'S WEST KINGSDOWN

Mass times: Sunday 11:00am
Friday 10:00am
Holy Days of Obligation 11:00am
Adoration: Wed 12:00noon- 1:00pm

Church contacts:
Jill & John Gobel
Tel: 01474 853676
sevenoaks@rcaos.org.uk



ST THOMAS' CATHOLIC PRIMARY SCHOOL

South Park,
Sevenoaks, TN13 1EH
www.saintthomas.co.uk

Executive Head:
Mrs Katherine Sexton
Academy Principal:
Ms Geraldine Leahy
Tel: 01732 453921

GOD LOVES HIS CHILDREN

MASS ACTIVITY FOR CHILDREN



GOD LOVES US!

We love the world

God loved the world so much he gave us his Son.
If we love God we want to look after the world he gave us and all the people in it.



Draw or write your ideas in the world.
We love the world

Jesus tells us that God the Father loves us very much! God loves us so much Jesus came to live as one of us and show us how to treat each other. God the Father, Son and Holy Spirit want us to show love to the whole world too!

Word search

Can you find these words from today's Gospel?

J	E	S	U	S
G	L	O	V	E
O	O	N	L	Y
D	L	I	F	E
W	O	R	L	D



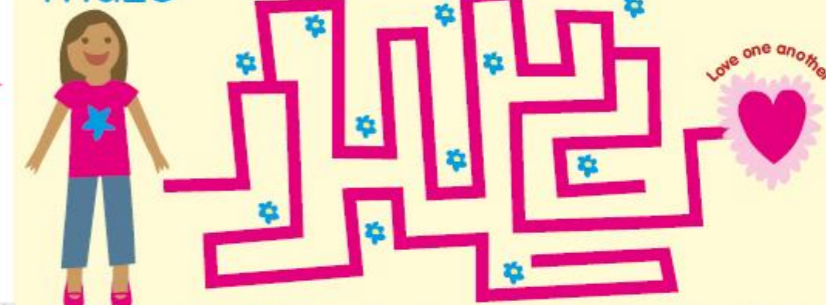
Colour them in when you find them:

JESUS, GOD, ONLY, SON, LOVE, WORLD

One really important word will be left. This is our gift from God.

Write it here: _____

Maze



Find a way through the maze to discover what God wants us to do.

A PRAYER TO SAY

Thank you, Loving Father, for sending us your Son, Jesus. Thank you for loving us so much. Help me to share your love with everyone I meet. Amen.



God's love

God loved the world so much that he gave his only Son. Fill in the hearts with the letters of the name of God's Son.

Answers: Life, Jesus.

CONTACTS & ORGANISATIONS

Parish of St Thomas of Canterbury, Sevenoaks

Presbytery and Parish Office: 12 Granville Road, Sevenoaks, TN13 1ER
Website: www.sevrparish.org.uk **Tel:** 01732 454177

Parish Priest: Fr David Gibbons, KCHS davidgibbons@rcaos.org.uk

Assistant Priest: Fr Vipin James, SDV vipinjames@rcaos.org.uk

Parish Deacon: Rev'd Neil Philipson neilphilipson@rcaos.org.uk

Parish Secretary: Mrs Magdalena Wiacek sevenoaks@rcaos.org.uk

Parish Office hours: Monday - Friday 9:00am - 12:00noon

Safeguarding Rep: Ken Baines sevenoakssgl@safeguardrcaos.org.uk

The Diocesan Safeguarding Coordinator can be contacted on 020 7261 1606; in an emergency dial 999

Adoration

Barry Authers: adoration@sevrparish.org.uk

Altar Servers (St Thomas's)

Catherine Ingram: ingramfamily15@yahoo.com

Catenians

Social club for Catholic men

Aiden O'Mahony: aidan.omahony@btinternet.com

Children's Liturgy of the Word, Sunday Mass

Sevenoaks, 9:15am Mass:

Mark O'Prey: sevenoakslow@rcaos.org.uk

Oxford, 9:30am Mass:

Magdalena Wiacek: sevenoaks@rcaos.org.uk

Borough Green, 9:30am Mass:

Fiona Newton: fionanewton321@btinternet.com

Choirs

Music Group:

Lonnie Christophers lonniechr@hotmail.com

Traditional Choir: Barbara Page 01732 454729

Borough Green: Chris Hurl chris.hurl@outlook.com

Church Cleaning (St Thomas's)

James McSharry: jamesmcsharry@hotmail.com

Church Flowers (St Thomas's)

Kate Travers: katetravers521@hotmail.com

Confirmation Programme

Gabrielle Ellis: sevenoaksconfirmation@rcaos.org.uk

Parish Finance Committee

Secretary: Mary Scott - 3maryscott@gmail.com

First Holy Communion & Reconciliation Programme

Office: sevenoaks@rcaos.org.uk

Gift Aid:

Sean Corrigan: sevenoaksgac@rcaos.org.uk

Holy Trinity Committee

Secretary: Barry Authers - sevenoaksmht@rcaos.org.uk

Lectio Divina

Kathie Gonzalez 01732 761253

Listening to you (Bereavement Support)

Third Monday, 10:30am in Parish Room

Ronnie Campbell 01732 452988, Sarah Harrison 01959

522357, Kate Travers katetravers521@hotmail.com and Ann

Livingston annlivingston@hotmail.co.uk, Sally Haggarty 10

07979 550952

Loaves and Fishes Foodbank

Isabelle Mercer: h.imercer@btopenworld.com

Mothers' Prayers

Mondays, 11:30am at Star House, Star Hill Road

01959 532505

Parent & Toddlers Group

Tuesdays 10:00am - 12:00noon, Parish Centre

Mary Hunt 07890 229794

RACET (Rural Africa Children's Education Trust)

MaryAnn Perasso 01959 522337, www.racet.org

Readers, Ministers & Welcomers Rota (St Thomas's)

Andrew Pembroke: st.thomas.rota@gmail.com

Repository

Saturday 6:00pm, Sunday: 8:00 am, 11:15am

Sophie McBrien: sophiemcbrien@yahoo.co.uk

RCIA

For adults becoming Catholic

Andrew La Trobe: andrew.latrobe@gmail.com

Retreats

Catherine Roger: c.rodger@btinternet.com

St Bernadette's Committee

Secretary: Jill Gobel - jill.gobel@btinternet.com

St Joseph's Committee

Secretary: John Foley - johnandmariefoley@gmail.com

The Pilgrims

For retired parishioners

Jackie Pembroke 01732 450197

Scripture Fellowship

Reading a Gospel together

Andrew Wilkinson: andrewwilkos@gmail.com

St Vincent de Paul Society (SVP)

Can help financially, practically, and through visits to the

isolated or housebound. Contact Paul Boyle 07796564018 or

Kathie Gonzalez sevenoakssvp@gmail.com

Union of Catholic Mothers (UCM) (West Kingsdown)

Monica Biggs: mmdbiggs@outlook.com

Webmaster

Barry Authers: sevenoakswebmaster@rcaos.org.uk

PARISH NOTICES

TODAY

Trinity Sunday

Today is the Feast of Title of Most Holy Trinity, Otford. The 9:30am Mass will be followed by refreshments, to continue the celebration of the Feast.

Today is also the last day for fulfilling the precept of Easter Communion; if you are in good standing (ie not in mortal sin or under a sanction of the Church) you should receive Holy Communion once a year at Easter (this period officially ends today).

Supply priests

We are grateful to Fr Bryan Wells and Br Krzysztof, OFM Cap, supplying at the three Chapels today.

First Holy Communions

Congratulations to Emilia Bohles and Caroline Kai-Yan Tse, receiving Holy Communion for the first time at the 9:15am Mass. Evelina Pighin is to be Baptized at this Mass.

Congratulations to Edith Buttinger, Bluebell Ziro-Wallace, Amalia Springardi, Hazel D'Arcy, Orla-Rose Daulby, and Hannah Dubois, receiving their first Holy Communion at the 11:15am Mass.

THIS WEEK

Thursday: Parish Finance Committee

Meets on Thursday evening.

Saturday: Confirmation Programme

The first session is on Saturday at 4:15pm: assemble in Church by 4:05pm. This will be followed by the Mass of Enrolment at the 6:00pm Mass, to be attended by all candidates and parents.

Next Sunday: Corpus & Sanguis Christi

At both the 9:15am and 11:15am Masses we shall have the traditional Corpus Christi Processions after the Mass. All those who have recently received their first Holy Communion – including any who made their first Holy Communion in the last couple of years but missed out on the Procession because of COVID – are invited to come and sprinkle the rose petals in front of the Blessed Sacrament. The children may wear their first Communion outfits if they wish, but this is not compulsory. It would be helpful if parents can bring some rose (or other flower) petals and a basket.

Any first Communion children who attend Mass at the other churches can do the same, and participate in the Procession by sprinkling rose petals.

Next Sunday: 9:15am Mass

The Choir from St Thomas' School will sing at this Mass and Procession.

PARISH NOTICES

The Why? Course

Are you (or someone you know) interested to learn more about the Good News of Jesus Christ, who is 'the way, the truth, and the life' (*John* 14:6) and becoming a Catholic? A three-part introduction to the Catholic Faith (*The Why? Course*) is being hosted online by St Thomas' parish over three consecutive Monday evenings, starting on Monday 19th June. For more details and to register your interest, please contact Andrew La Trobe (email sevenoaksp@rcaos.org.uk or ring 07775 738485).

Parish Summer Garden Party

Sunday 16th July from 12:00noon – 3:00pm. This is an inclusive event for young and old, families, teenagers, retired and parishioners from all our four churches. Its our big Parish social event. No charge for entry, food or drink. There will be a variety of food, including BBQ, salads, cakes, deserts. children's games, entertainment and live music, bottle and toy stalls, Parish raffle with prizes, and a bar. If you can donate food please let us know. St Thomas' school choir will sing- as well as some of our Parish celebrities. Most parish groups will be taking part.

All funds raised are for the Parish. The Bottle Stall is always popular. Please look through your cupboards and bring bottles to the Presbytery (champagne but not shampoo, Sangria not sanitiser, Pimm's not Pepsi!). Toy stall - likewise donate unwanted toys, teddies etc - in safe condition - and bring them to the Presbytery. If you have ideas or can help for the Garden Party please speak to Fr David or contact ben.andradi@gmail.com. Raffle tickets will soon be on sale with a variety of super prizes.

PARISH AND OTHER NOTICES

OTHER NOTICES

Following the footsteps of the Saints Called to action by our faith

You are invited to CAFOD's International Office on Saturday 10th June for a short time exploring our faith, why they campaign & how you can help. The morning will include guest speakers and a chance for discussion in workshops to explore activities such as Live Simply, our unfair food system and Liturgy resources. The morning will run from 10:30am – 1:00pm at CAFOD's Office in Lambeth North SE1. For further information contact Sarah or Celeste at southwark@cafod.org.uk; for booking please see <https://cafod.org.uk/news/events>.

175th Anniversary Mass

On Tuesday 4th July the Archbishop will celebrate a Solemn Mass to mark the 175th anniversary of the opening of St George's, Southwark (two years before it became the Cathedral of the new diocese). The Apostolic Nuncio will impart the Apostolic Blessing at the conclusion of the celebration. All are welcome.

March for Life UK

On Saturday 2nd September. Many are concerned about restrictions on freedom but it's often not until these restrictions affect us personally that we speak up. Abortion destroys the most fundamental freedom, the freedom to live and leaves so many women and men deeply hurting. Join thousands of others at this family-friendly event to speak up for those who cannot speak for themselves. Mass at 10:30am in Westminster Cathedral. Full details can be found at marchforlife.co.uk. Please spread the word, bring others, and pray for Life.

Mass in Celebration

of the Sacrament of Marriage

On Saturday 23rd September at 3:00pm in St George's Cathedral. If you are celebrating your 1st/10th/25th/40th/50th/60th + wedding anniversary this year, please let Magda in the Parish Office know as soon as possible, and no later than the end of July, providing the following details: your names in the format John and Mary Smith, your email address, home address, the anniversary you are celebrating, so you can receive an invitation from the Archbishop for the renewal of vows during Mass. Spaces are

limited. You can also get in touch with us at mflkent@rcaos.org.uk As the title of your email, please write your parish location e.g. Sevenoaks.

*Diocesan Marriage and Family Life
Kent Team*

Southwark Clergy Ordinations

Please keep in your prayers Frazier Bellfield, a seminarian at Allen Hall and from Biggin Hill in this Deanery, who is soon to be ordained a Deacon, and Rev'd Andrew Bishop, from the Beda College, Rome, who is to be ordained a Priest, both for our Archdiocese.

Appeals

The Archbishop has received a letter from the Comboni Missionaries to acknowledge with thanks the generous sum of £90,564.24 collected in Southwark for the overseas missions. He has also received a letter from the Secretariat of State at the Vatican acknowledging with thanks the sum of £16,406.84 towards the Peter's Pence collected in the Archdiocese. Many thanks to all who contributed.

Oscar Romero crosses

As previously reported, our Diocesan Shrine of St Oscar Romero has now been elevated to a National Shrine for England and Wales. You can obtain copies of the Romero cross (see the back page) which would make a good gift to young people making First Holy Communion or Confirmation. These miniature copies (12 x 9cm) of the Southwark Romero cross show the Risen Christ. They can be purchased from the Archbishop Romero Trust by sending an email to romerotrust@gmail.com. The cost is 3 for £10 plus p&p. On receipt of the order, they will be posted to the address you provide and you will be invoiced by email to make a subsequent payment - either by cheque or bank transfer to the Trust.



From the Desk of the Parish Priest

The Most Holy Trinity

Reprinted from May 2018.

The best book I know which explains the Holy Trinity is *The Trinity – How not to be a Heretic* by Stephen Bullivant. Professor Bullivant is a lecturer in Theology at St Mary's University, Twickenham.

In his book he says that to use the word 'Trinity' of God is a shorthand way of affirming three statements:

1. There is only one God.
2. The Father, the Son, and the Holy Spirit is each God.
3. The Father, the Son, and the Holy Spirit are not the same.



Furthermore, these three separate but interconnected beliefs can be confirmed by Scripture and from Christian witness over twenty-one centuries. We might infer the existence of God from creation, but there is nothing in the universe to suggest that God is tri-une. This belief has to be revealed, and orthodox Christianity believes that this has been revealed to us by God.

1. Unlike the surrounding peoples (the Greeks, Romans, Babylonians, Egyptians, and so on) who all had multiple gods and goddesses, the Jews almost alone were monotheists: they believed that there is but one God. Jesus, as a devout Jew, would have known and recited daily the verse known as the *Shema*: 'Hear, O Israel, the Lord our God, the Lord is one' (*Mark 12:29*, quoting *Deuteronomy 6:4*). There are so many examples of this belief in the Old Testament you can easily find them for yourself. In the New Testament my favourite example is from *James 2:19*: 'you believe that God is one; you do well; even the demons believe that.'

2. As they encountered Jesus, and His various miracles and power over nature – turning water into wine, calming the storm, and such like – His disciples became more and more convinced that Jesus was not just the long awaited Messiah, or Christ, but much more: He seemed to have divine powers. What is more, He claimed to be God: He said He could forgive sins (only God could forgive sins), He called Himself 'I Am' (a title of God), and described Himself as the 'Son of Man' and the 'Lord of the Sabbath'. A demon calls Him the 'Holy One of God' (*Mark 1:24*), an ancient Hebrew title for God.

The New Testament also points to a third divine figure. At the Annunciation the archangel tells Mary that 'the Holy Spirit will come upon you' (*Luke 1:35*), Jesus promised to send the Holy Spirit after His Ascension (*John 14:26*), and He gave the Holy Spirit to the Apostles: 'He breathed on them and said "Receive the Holy Spirit"' (*John 20:22-23*). And in the *Acts of the Apostles* – which depicts the early church after Pentecost – there are constant references to the first Christians experiencing the Holy Spirit.

Looking back over the Old Testament, the first Christians began to understand the frequent references to Wisdom and Word as referring to Christ, and the frequent references to 'ruah' (spirit) as referring to the Holy Spirit

3. In the Gospels' account of Jesus' Baptism in the Jordan and of His Transfiguration on Mt Tabor the three members of the Trinity appear together but are clearly separate beings. Furthermore, Jesus often spoke about His Father (eg in the Garden of Gethsemane: 'Father, for you all things are possible, remove this cup from me' (*Mark 14:36*)) and there is obviously an intimate relationship between them. In His promise to send the Holy Spirit Jesus manifestly regarded the Spirit as different from Himself, another person as we would say.

To counteract the various heretics who denied one or more of the three propositions above, the church formally defined the Holy Trinity at the Councils of Nicaea (AD 325) and Constantinople (381), producing the Creed we recite on Sundays outside Lent and Eastertide. And our worship – such as the very beginning of Mass: 'In the name of ...' – testifies to the Church's unbroken and constant belief in the Holy Trinity: one God but three Persons, Father, Son, and Holy Spirit.

FINDING THE TREASURE - CELEBRATING MY 20TH YEAR ANNIVERSARY AS A CATHOLIC ON TRINITY SUNDAY 2023!



Praising God - I can honestly say I did knock, seek, find and the door was opened to me! The scripture is true!!! *Matthew 7:7-12*. Allelulia!

I have always loved William Hunt's painting "The Light of the World" which illustrates the biblical passage in *Revelation 3:20*: "Behold, I stand at the door and knock. If anyone hears my voice and opens the door, [then] I will enter his house and dine with him, and he with me." I was always captured by it even seeing it as a child in St. Paul's Cathedral – drawn in by its beautiful light and the strong presence of the Lord in the painting, patiently waiting. The Lord waited patiently for me as I converted age 30. My first Confession was quite something - I went in with pages of A4 hoping not to forget anything. I remember the great warmth in the confessional from a wonderful priest named Bishop Guazzelli; I couldn't have wished for anyone else. I have since received warmth, love, great advice and am always glad when I have been to confession. I know when I meet the Lord He will remember all that I told him in my life and I feel thankful that I can confess during my lifetime sharing the journey and be forgiven.

When I first converted I just couldn't contain my joy and a priest said to me once, the honeymoon will fade but the love will endure. He was right the love endures and thankfully it endures forever! I love the richness of being a Catholic. I love the Sacramental life which hopefully keeps me on the straight and narrow. I love coming to Mass and receiving the Eucharist – that He is truly present - whatever mood I arrive in at Mass I leave feeling happy in my heart that I came to the Lord and being part of the community with other Christians who are loving the Lord too is so powerful, imagining all the Christians in communion around the world, praising and worshipping our Saviour. I received my Baptism in the Holy Spirit at Adoration and feel the Lord's love for us is so truly magnificent, powerful and in absolute abundance for which I am truly grateful.

I have come to know some of the saints who have helped in my journey, learning from Saint Faustina praising the mercy of God's love, how deep is His mercy for us, from St. Therese trying to do the little things with great love and others. I love that the Lord is my rock, He is ever present, knowing He is always there to help and guide me and pick me up when I fail. The last 20 years has been full of life's rich pattern, up and downs, heartaches, and joys but He has filled the journey with beautiful people who are perfect in the moment, filled the journey with beautiful places, animals and birds – such beauty – miracles of life - and I am so grateful – thank you!

I did let Jesus in; when I converted wild horses were not going to stop me. I felt so ecstatic to come to the Lord and still do. I know that every day as I journey with Him that I need to open the door more and more to truly discover what the Lord wishes for me – I just need to surrender myself and be what He wills for my life. Thank you Lord for your love and I pray Father, Son and Holy Spirit, please transform me. Amen

Sophie McBrien

MASS INTENTIONS

ALL MASSES ARE AT ST THOMAS'S CHURCH UNLESS OTHERWISE STATED

SUNDAY 4th June **THE MOST HOLY TRINITY**
 6:00pm (Sat) Stanislaw Kowalczyk RIP (4th anniversary)
 8:00am (Latin) Peace in Ukraine
 9:15am Fr David
 11:15am Deacon Neil Philipson
 6:00pm Maureen and Mike Dinsmore RIP
 9:30am *Oxford* Parishioners at Most Holy Trinity
 9:30am *Borough Green* People of the Parish
 11:00am *West Kingsdown* Fr Gerald & Sr Josephine

Monday 5th **S Boniface, B M**
 9:30am All Parishioners

Tuesday 6th **Feria**
 9:30am Good health and wellbeing
 of Mitchell (Mavis) Lambert

Wednesday 7th **Feria**
 8:00am Holy Souls
 10:00am *Oxford* Holy Souls

Thursday 8th **Feria**
 10:00am *Borough Green* Beatrix Kähler
 12:00noon Holy Souls

Friday 9th **Feria**
 8:00am Fr Joe Andradi
 10:00am *West Kingsdown* James & Carmela Gibson RIP

Saturday 10th **of Our Lady**
 9:30am Tom & Catherine Pembroke & family

SUNDAY 11th June **CORPUS CHRISTI**
 6:00pm (Sat) *Mass not booked yet*
 8:00am (Latin) *Mass not booked yet*
 9:15am *Mass not booked yet*
 11:15am People of the Parish
 6:00pm *Mass not booked yet*
 9:30am *Oxford* Toby Hayward-Seers RIP
 9:30am *Borough Green* Jon Le Sbirel & wellbeing of Anne Lamenton
 11:00am *West Kingsdown* *Mass not booked yet*

FOR YOUR PRAYERS

RECENTLY
BAPTIZED,
CONFIRMED &
RECEIVED THE
EUCHARIST

Welcome to
Grace Annandale
who recently became a Catholic

RECENTLY DEPARTED

David Lewis
Jane Tabor
Angela Brunning

*Eternal rest grant unto them...
O Lord and let perpetual light shine
upon them.
May they rest in peace*

The sick

Tony Barrett, Frank Eastbrooke,
Lynne Stanley, Veronica Williams,
Yvonne Bollen, Peter Ringham, Ann
Steven, Lilian Spragg, Ken Holmes,
Mary & Chris Scott, Sean Cloke, Ann
Farren and all in care and
nursing homes in the Parish.

LATIN ANTIPHONS

Entrance

Benedictus sit Deus Pater,
unigenitusque Dei Filius, Sanctus
quoque Spiritus, quia fecit
nobiscum misericordiam suam.

Communion

Quoniam autem estis filii, misit
Deus Spiritum Filii sui in corda
vestra clamantem: Abba, Pater.